

Oyster Surprise

Yield: 12 servings

Ingredients:

- 3 cups granola (any flavor)
- 1½ cups oyster crackers
- 1 cup salted peanuts
- ½ cup pitted dates, cut up
- ¾ cup dried banana chips
- ½ cup raisins
- ¼ cup melted margarine
- 6 ounces semisweet chocolate chips

Procedure:

Heat oven to 350 F. Mix together granola, crackers, peanuts, dates, bananas and raisins. Pour margarine over mixture and toss until evenly coated. Spread in 9 x 13-inch ungreased pan. Bake uncovered, stirring occasionally for 15 minutes.

Cool and then stir in the chocolate chips. Store in a tightly covered container.

Trail mixes such as Oyster Surprise are dense in calories and make good snacks for people engaging in outdoor activities such as hiking and bicycle riding.

about 390
calories and
21 grams of fat
per serving
(3 ounces)