



Radish and Cilantro Relish

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From Morten's Recipe Collection (<http://sunsite.auc.dk/recipes/english/o0350960.html>).

Yield: 6 servings (about ½ cup each)

Ingredients:

2 cups radishes, thinly sliced
½ cup chopped onion
3 tablespoons orange juice
2 tablespoons lime juice
2 tablespoons chopped fresh cilantro
2 tablespoons canola oil
salt and freshly ground black pepper to taste

Procedure:

Mix all ingredients in a bowl. Cover and refrigerate for at least one hour before serving.

about 60
calories and
4.8 grams of fat
per serving

A half-cup serving also provides about a quarter of the daily vitamin C recommendation, thanks to the orange and lime juices and radishes.